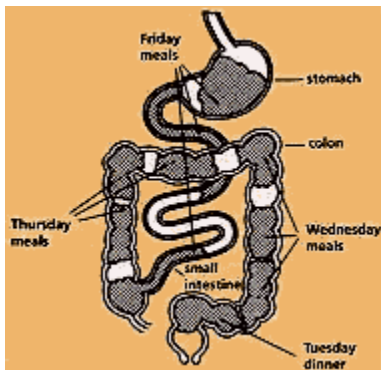


WHY IS SO IMPORTANT TO CLEANSE THE COLON

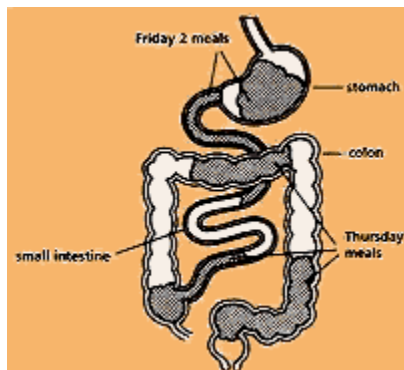
A good cleansing program should always begin by removing the waste in your colon, the last portion of your food processing chain. If you attempt to clean your liver, blood, or lymph system without first addressing a waste filled colon, the excreted toxins will only get recycled back into your body.

One of the most frequent bowel problems that people experience today is constipation. Constipation is generally attributed to a low fiber diet and lack of sufficient water, which cause our fecal matter to become condensed and compressed.

A constipated system is one in which the transition, or "time", of toxic wastes is slow and the consistency of the stool can cause strain (which over time may cause hemorrhoids, varicose veins, hiatal hernia, or other mechanically induced problems). The longer the "transit time", the longer the toxic waste matter sits in our bowel which allows proteins to putrefy, fats to rancify, and carbohydrates to ferment.



Food transit times of a slow toxic laden colon



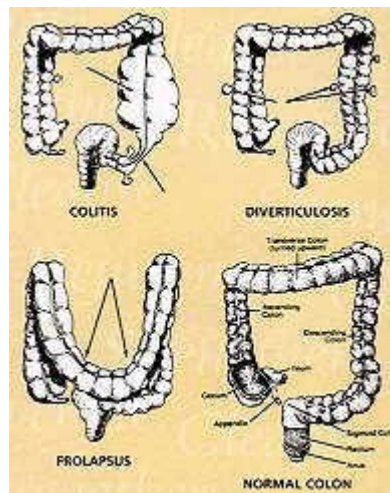
Food transit times of a cleansed and healthy colon

The longer your body is exposed to putrefying food in your intestines, the greater the risk of developing disease. Even with one bowel movement per day, you will still have at least three meals worth of waste matter putrefying in your colon at all times. On top of all this, your system can also become continuously self-polluting by the poisonous gases that are caused by this stagnation in your bowel. These poisonous gases can enter your bloodstream, irritating your organs and joints.

Alternating between constipation and diarrhea, or diarrhea alone, are also indications of foul matter in your intestines. And finally, the much more serious problems of cancer and immune system dysfunctions begin with a toxic bowel. The long held belief of some health professionals is that many people just have fewer bowel movements than others. This is true, but they also neglected to inform these individuals that those having fewer bowel movements are harboring a fertile breeding ground for serious diseases and possibly death. Infrequent or poor quality bowel movements over an extended period of time are very hazardous to your health.

Once we truly understand the "single greatest challenge our body faces is the effective removal of wastes and toxins", we will never again undermine the importance of frequent, high quality, bowel movements.

Look at what can happen to the shape of a person's intestine. This can happen when toxic matter builds up on their intestinal wall throughout the years:



As the colon becomes impacted with dry putrefactive waste, its shape and function are affected in numerous ways. It may stretch like a balloon in certain areas, or develop diverticula (pouches on the intestinal wall which may become infected), or fall down upon itself (prolapsed colon). All of these colon malformations greatly impair your large intestine's ability to

function, which in turn places severe strain on your digestive organs and glands and affects nutrient assimilation and absorption. The colon is the body's "sewer system", and if not treated properly can accumulate toxic poisons, which are absorbed into the bloodstream. This in turn can cause many diseases.

IMPORTANT FACTS ABOUT THE COLON

- Lack of fiber and water in the diet is the main cause of intestinal disorders
- The small intestine is where most nutrition is absorbed
- Stress can affect nutrient absorption and cause irritation of the small intestine
- The large intestine absorbs minerals and water
- When the membrane of the large colon is unhealthy (impacted), it cannot assimilate and absorb the minerals and creates deficiency diseases (It does not matter how many supplements we take)
- The health of the entire body is maintained when the intestinal system is working properly

SOME OF THE SYMPTOMS OF COLON DYSFUNCTION

- Lower back pain
- Neck and shoulder pain
- Skin problems
- Brain fog (hard time concentrating)
- Fatigue
- Sluggishness
- Colds and flu's
- Constipation or diarrhea
- Digestive problems
- Flatulence/gas
- Pain in lower stomach (especially left side)
- Bloating
- Crohn's disease
- Colitis/Irritable Bowel Syndrome (IBS)
- Diverticulitis/Diverticulosis
- Leaky Gut Syndrome

Everyone would greatly benefit from doing a full colon cleanses at least once per year, with ongoing colon maintenance when necessary. It is recommended that a parasite cleanse be taken at the same time as you initiate a colon cleanse to also remove any parasitical infestations. The Parasite Cleanse & Rebuild Program contains all that you need to safely and effectively clean out your intestinal tracks, remove the parasites, and also gently re-educate the bowels to function normally to help the body maintain a healthy waste removal system.

associated with prescription drugs or the unnatural stimulation of the body's nervous system.

A PARASITE AND COLON CLEANSING PROGRAM IS THE STARTING BLOCK TO REGAINING YOUR HEALTH AND VIATLITY...

Integrative Medical Clinic & Ayurveda School

THE IMMUNESYSTEM

Inside your body there is an amazing protection mechanism called the "immune system". It is designed to defend you against millions of bacteria, microbes, viruses, toxins and parasites that would love to invade your body. The body is also constantly repairing and rebuilding itself, yet it can only function at its peak potential with a proper diet and a strong immune system.

Your immune system works around the clock in thousands of different ways, but it does its work largely unnoticed. One thing that causes us to really notice our immune system is when it fails for some reason.

Each day you inhale thousands of germs (bacteria and viruses) that are floating in the air. Your immune system deals with all of them without a problem. Occasionally a germ gets past the immune system and you catch a cold, get the flu or worse. A cold or flu is a visible sign that your immune system failed to stop the germ. The fact that you get over the cold or flu is a visible sign that your immune system was able to eliminate the invader after learning about it. If your immune system did nothing, you would never get over a cold or anything else.

Each day you also eat hundreds of germs, and again most of these die in the saliva or the acid of the stomach. Occasionally, however, one gets through and causes food poisoning.

There are also all kinds of human ailments that are caused by the immune system working in unexpected or incorrect ways that cause problems. For example, some people have allergies. Allergies are really just the immune system overreacting to certain stimuli that other people don't react to at all. In many different diseases, the cause is actually an immune system error!

It is not an over estimation to state that a healthy, strong immune system is the greatest single factor in maintaining vibrant health. The immune system is your body's defense system, and without it functioning at peak performance, you will be susceptible to many forms of illnesses and diseases.

At The Medical Integrative Clinic we offer unique products addressing the strengthening of our body's immune system through safe, herbal remedies without any of the side-effects

Do you suffer with any of the following symptoms or conditions?

- Parasitic Infestations
- Constipation
- Irritable Bowel Syndrome
- Chronic Fatigue Syndrome
- Crohns Disease
- Allergies
- Acid Reflux
- Skin Irritation
- Uncontrollable Weight
- Hiatus Hernia
- Forgetfulness
- Prostate Problems
- Lethargy
- Auto-intoxication
- Diarrhea
- Diverticulitis
- Fibromyalgia
- Candida
- Chronic Headaches
- Itchy Ears, Nose, or Anus
- Diverticulitis
- Loss of Appetite and Nausea
- Premature Aging
- Heartburn
- Depression or Mood Swings
- Lack of Vibrant Health

Rid your body of toxins, pollutants, and parasites to allow your body to naturally regenerate itself back to vibrant health.

The building blocks to an effective parasite cleansing program should always include the removal of the waste in the colon. If the colon is not functioning at optimal abilities, poor digestion will always culminate with toxic waste materials in the bowels. The intestinal track functions as both the nutrient absorption and the waste removal system of the body. It is a dysfunctional colon, coupled with the presence of toxic waste in the bowels that generally forms the breeding grounds for most of the common parasitical infestations that we humans (and our pets) suffer from. This toxic waste creates the environment in which intestinal parasites thrive and propagate. Unfortunately the condition of a dysfunctional bodily waste removal system is one the most prevalent conditions in modern society; but it don't have to remain this way.

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Integrated medical courses Blending ancient Ayurvedic & modern sciences

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